SAINT JOSEPH MERCY HEALTH SYSTEM

A Member of Trinity Health

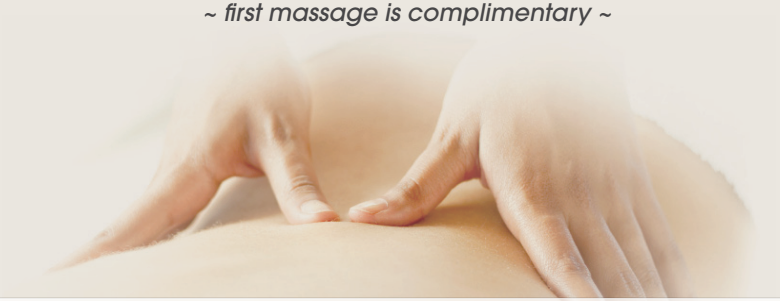
FREE Massage

For Saint Joseph Mercy Health System Cancer Patients

Massage may be helpful in reducing tension and pain. Swedish massage is very gentle and is often used to promote relaxation, improve blood flow and relieve muscle tension.

To receive your FREE Swedish massage follow these three simple steps:

- Have your oncologist sign the medical approval on the reverse side of this form
- Call **734-712-6161** to schedule your massage
  ~ only Swedish massage available ~
- Give the completed card to your therapist
  ~ first massage is complimentary ~



St. Joseph Mercy Ann Arbor • St. Joseph Mercy Brighton

REMARKABLE MEDICINE. REMARKABLE CARE.

Complimentary Free Massage

For Saint Joseph Mercy Health System Cancer Patients

☐ **St. Joseph Mercy Ann Arbor**
Inspirit Salon & Spa, 5301 McAuley Drive, Ypsilanti, MI 48197

☐ **St. Joseph Mercy Brighton**
Wellness Center, Room 204, 7575 Grand River, Brighton, MI 48114

Medical Approval

_____ *(patient)*
is medically approved to receive relaxation massage therapy.

Comments or Special Instructions

_____

_____

_____

_____

_____ _____
Physician Signature *Date*

Informed Consent

I, _____ *(client)* understand that the massage therapy provided by Saint Joseph Mercy Health System and Therapeutic Massage & Bodywork is intended to enhance relaxation, reduce pain caused by muscle tension, increase range of motion, improve circulation and offer a positive experience of touch. I further understand that massage therapy is not a substitute for medical treatment or medications. I am aware that the massage therapist does not diagnose illness or disease, does not prescribe medications, and that spinal manipulations are not part of massage therapy. I have obtained my physician's approval to receive massage therapy. I have informed the massage therapist of all my known physical conditions, medical conditions and medications.

_____ _____
Patient Signature *Date*

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